



Monroe Information Meeting



September 2006

Garrison Commander

➤ Welcome.

AAFES (722-0794)

- Fort Monroe Post Exchange:
 - Star Card Promotions:
 - Major appliances: No interest no payments for 3 months for appliance purchases made between 1-21 September.
 - Baby Sale: No interest and no payments for 9 months for purchases between 7-15 September.
 - Still Serving: No interest, no payments for 3 months for purchases between 29 Sep. – 1 Oct.
 - Furniture/Electronics: No interest, no payments for 6 month for \$299 minimum purchase of furniture, mattresses or electronics.

➤ Still Serving Weekend: Managers specials run the weekend of 29 Sep through 1 Oct for Still Serving Weekend to honor our military retirees. Flyer enclosed in handouts with featured specials.

- Pepsi 2-liter sodas on sale through September for \$.99
- Select Gatorade 32 oz flavors on sale \$.99

- Special events at Ft. Eustis PX:
 - 15-16 Sep - Estee Lauder Spa
 - 16 Sep - Retiree Appreciation Day, special discounts
 - 20 Sep - Hispanic Cultural Exhibit
 - 23 Sep - Hoover Vacuum Demonstration
 - 29 Sep - Hispanic Heritage Food Tasting and Latin Dance (12N - 1pm)
 - 30 Sep - Toy Land Grand Opening

- Special events at Langley AFB BX:
 - 13-17 Sep - BH Multi Jewelry Sale
 - 29 Sep - 12 Oct - Sony Road Show
 - 6 Oct - Coach purse cleaning clinic - 15% off Coach purchase and enter to win a give away.
 - 6-7 Oct - Clinique Spa - 10% off any treatment purchase on spa days.

➤ Take Off Pounds Sensibly (TOPS) Chapter #VA718, Fort Monroe: Meets every Wednesday, @ 12:00 Noon, Rm 262, Building 82, 60 Ingalls Road. Weigh in at 11:45 am. Flyer provided.



Monroe Information Meeting



American Red Cross (788-2359)

- Fort Monroe hosted Red Cross Blood Drive will be held at the Community Activities Center on 13 Sep, from 9am to 3pm. New exciting promotional programs are being implemented to promote the Summer blood drives. For more information call X-2359. Flyer provided.

Chaplain (788-4672)

- Sunday Worship Services (Chapel of the Centurion)
 - Episcopal - 7:45 am
 - Protestant - 9:30 am and 11:00 am
 - Sunday School (Chapel Center) - 9:30 am
- Summer Schedule - No Tuesday or Wednesday activities after 14 Jun until dates shown below.
 - Chapel Center Wednesday Night Activities resume 13 Sep
 - Family Night Suppers - 1700
 - Bible Study - 1800
 - Choir Practice - 1900
- Protestant Women of the Chapel meet every Tuesday at 0930 at the Chapel Center.
 - Currently studying "Battlefield of the Mind" by Joyce Meyer.
 - September Study Guide on flyer provided.

Craven Army Health Clinic (314-8045)

- Craven Army Health Clinic Hours of Operation
 - Mon - Fri, 0730-1630 except Thurs, 0730-1500, closed during lunch 1200-1300 daily
 - Allergy/Immunizations Clinic: Tues and Fri, 0730-1100 and 1300-1600
 - Optometry Clinic: Closed until further notice.
- Patient Representative, can be contacted at (757) 314-8044 with any concerns, issues, complaints, compliments or to receive TRICARE information.



Monroe Information Meeting



Craven Army Health Clinic (314-8045) (cont'd)

- Emergency Services are not available at Craven Army Health Clinic. Dial 911 (MP Desk will answer) for true emergencies or proceed to the nearest Emergency Room, Sentara, Riverside, or Mary Immaculate.
- For non-emergency care after hours - McDonald Army Community Hospital at Fort Eustis and the 1st Medical Group at Langley AFB have Urgent Care Clinics open seven days a week from 0700-2200 hours.

- Physical Exams (Active Duty Only):
 - Call 314-8023/24 for an appointment (Part I or Part II Exam)
 - Part I Exams are conducted on Tues each week
 - Part II Exams are conducted on Mon, Tues, Wed and Fri @ 1100
 - School and sports physicals for family members will be performed on a space-a basis
- Retirement Physicals are provided by the VA for all soldiers planning on filing any type of VA disability claim and not go through the physical exam process here at Craven. Contact Maurice Thompson, Military Services Coordinator at (757) 858-6150, ext. 122 to start the process.

DENTAC

- The Dental Clinic has walk-in hours from 7:30 am to 9:00 am each morning (M-F) for sick call and exams.

Directorate of Morale, Welfare and Recreation (788-3737)

- 15 Sep - Fridays at the Fort – Returns to its normal time, 6 - 10 pm every Friday night at the Bay Breeze Community Center. Doors open at 5 pm. Bring your friends and family for some karaoke fun by DJ LF Edwards. Free and open to the public. Call 788-2406 for more info. Flyer provided.

- 17 Sep - Sunday Brunches: Every Sunday at the Bay Breeze Community Center from 11 am - 2 pm. \$10.95 per person, children ages 5 - 12 are \$5.95, children 4 and under are free. Throughout the champagne brunch, Roberto, The King of Hampton Roads Romantic Crooners will perform live. Reservations requested. Call 788-2406 for more info. Flyer provided.

- 19 Sep - Waiting Spouses Gathering: Meets the 2nd Tuesday of each month from 7 – 8 pm at the Soldier and Family Support Center. The Waiting Spouse Group is for all military family members whose sponsors are on extended TDY, unaccompanied, hardship tour or deployed. Call 788-3878 for more info. Flyer provided.



Monroe Information Meeting



Directorate of Morale, Welfare and Recreation (788-3737) (cont'd)

➤ 6 - 7 Oct, Fall Faire at the Fort at Walker Airfield: Oct 6, 5 - 9 pm, Live German music, German beer and food. Oct 7, 9 am - 3 pmm, Flea Market, Volksmarch and craft show, music and food. \$15 fee for Flea Market (788-4305 for registration). Call 788-2850 for general information. Flyer provided.

➤ 20 Oct - 9th Annual Fall MWR Golf Classic: 9 am at the Pines Golf Course at Fort Eustis. Entry fee is \$45 per person, \$30 for Pines Members. Registration deadline is COB Monday, October 16. Call 788-2783 for more info. Flyer provided.

➤ 7 Nov - U.S. Army Soldier Show: 7:30 pm at the Hampton University Convocation Center. Come enjoy this live theatrical entertainment performed by soldiers form around the world. Free and open to the public. For information or tickets, call 788-3151. Flyer provided.

➤ 19 Nov - Holiday Blizzard Bazaar: 10 am - 3 pm at the Bay Breeze Community Center. Don't miss this great opportunity to do your holiday shopping in "one-stop": silver jewelry, baskets, wreaths, furniture and many, many more to choose from! A Blizzard of opportunities. Call 788-3151 for more info. Flyer provided.

Directorate of Public Works (788-5372)

➤ Storm Sewer Repairs: Final repairs of street and sidewalk in front of Bldg 138 is underway. The new outfall through the seawall has been installed and work is proceeding up Ingalls Extension to the intersection of Fenwick Rd. Work will continue in the area of the Fenwick Ingalls intersection.

➤ Tropical Storm Ernesto repairs are in progress; drying of buildings is at or near completion. Roofs and other exterior damage will be fixed and then interior work will be accomplished. Supplemental funds are required for most of this work.

➤ A special Tropical Storm Housing Newsletter went out last week with useful information for recovering from Ernesto and planning for future storms and is included in your packet. The regularly scheduled September Newsletter is also in your packet.

➤ Project Pride: We encourage everyone to assist in keeping up the beautiful appearance of Fort Monroe. Please help by regularly picking up trash around your quarters and buildings. Also, please take the time to do seasonal maintenance around your quarters and buildings.



Monroe Information Meeting



Equal Employment Opportunity Office (788-3500)

- EEO Senior Leadership Training for Executives and Supervisors
 - Garrison EEO Office will conduct EEO Senior Leadership Training for executives and supervisors from 12-14 Sep at the Bay Breeze Community Center.
 - Morning, 0830 - 1130, and afternoon, 1300 - 1600, sessions will be provided each day.
 - Training objectives include information on EEO policy, procedures, guidance and definition of supervisory roles and responsibilities. Target audience is leadership with supervisory responsibilities. New and seasoned supervisors will expand their awareness of the EEO program and foster relationships to sustain a successful and proactive EEO program.

Fort Monroe Spouses and Civilians Club

- Fort Monroe Spouses and Civilians Club Newsletter provided.
 - Introduction of Board of Directors
 - Schedule of Fund Raisers
 - Membership Application

Hispanic Heritage Celebration (788-5452)

- Cadet Command/Accession Command hosted Hispanic Heritage Celebration. Flyer provided
 - 4 Oct, 1130 at the Bay Breeze Community Center
 - Luis Rivera, Guest Speaker
 - Entertainment and Hispanic delicacies

McDonald Army Health Center (MCAHC) (314-7844)

- MCAHC and Satellite Clinic Enrollment Availability. Flyer provided
 - Satellite Clinic Summary.
- TRICARE and College Students. Flyer provided.
 - Eligibility
 - Benefits
 - Clinic Availability



Monroe Information Meeting



Saint Mary's Star of the Sea (722-9855)

➤ Saint Mary's Star of the Sea Catholic Church is located at 7 Frank Lane, Fort Monroe, VA. The pastor is also the Pastor at the St. Joseph Catholic Church in Buckroe. The Bookkeeper/Administrator can be reached at the number stated above.

- Mass is currently held:
 - Saturday - 5:30 pm
 - Sunday - 9:30 am

➤ Women's Faith Group (Bible Study) meetings have resumed. Group meets every Wed, 0900 -1100 in Parish Hall.

School Liaison Officer (788-4673)

➤ Schools back in full swing - al our children are back in schools. Primarily zoned schools, Phoebus HS, Spratley MS, and Bryan ES. No significant transportation problems.

➤ Adequate Yearly Progress/NCLB - Choice options available. Spratley and Bryan Accreditation denied.

➤ Information sharing with AF/Navy/Army counterparts. Joint operations increasing our influence in Hampton/Peninsula, Hampton Roads, and with the VA Department of Education.

➤ Partnering initiatives/opportunities to begin shortly.

Thrift Shop (788-2566)

➤ Thrift Shop reopened from it's Summer break on 12 Sep. Regular schedule is Tuesday and Friday, 10 am - 2 pm.

- Thrift Shop Financial Summaries. Flyers provided.
 - Year End Sales
 - Welfare Fund Distribution



Monroe Information Meeting



Troops to Teachers, Old Dominion University (683-3327)

- Virginia Troops to Teachers (TTT)/Spouses to Teachers(STT). Flyer provided.
 - Department of Defense Program funded by Department of Education.
 - Program designed to provide opportunities for active duty military and their spouses, and military retirees to be retrained in education careers. Flyer provided.

USO (788-4984)

- Greetings from retired Fleet Master Chief, President and Chief Executive Officer, USO of Hampton Roads.

- Military Appreciation Day at the Norfolk Zoo: Oct 15, all active duty military and their family will receive free admission to the zoo with a valid ID, from 10 am to 4 pm. There will be a free show, face painting and jumping balloons.

Plans, Analysis and Integration (788-4057)

- Project Pride's Clean Sweep activity will be held on 19 Sep. Flyer provided.
- The next Monroe Information Meeting will be held on 11 Oct.
- As a security requirement, if you have not signed in, please do so before you leave.

**MANAGER'S SPECIAL
FORT MONROE PX**

**STILL SERVING WEEKEND
29 SEPTEMBER – 01 OCTOBER 2006**

10% off all Recliners

10% off all Dinette sets

15% off Cottage Lane upholstered furniture

15% off Capel Rugs

25% off White Bathroom accessories

25% off Mirrors and Framed Art

Additional 25% off all clearance merchandise

**Limited to stock on hand...no rain checks...
no layaway**



TAKE OFF POUNDS SENSIBLY

Take Off Pounds Sensibly

Join Us at Any of These Convenient Locations

TOPS Chapter # VA 718, Fort Monroe

MEETS EVERY WEDNESDAY

11:45 WEIGH IN

12:00 MEETING

Building 82

60 Ingalls Rd

Room 262

Fort Monroe, VA 23651-1032

1-800-932-8677 • www.tops.org

However You Measure Success and Whatever You Have to Lose

TOPS® Is Here for You!

TOPS is a nonprofit, noncommercial weight-loss support group. Founded in 1948.^{PI}

AMERICAN RED CROSS

BLOOD DRIVE

WEDNESDAY

13 September 2006

Community Activities Center

0900-1500



Every time a potential donor signs in to give blood or platelets to the Red Cross Mid-Atlantic Region from May 1st, 2006 through October 1st, 2006, they will be automatically registered to win a red 2006 Jeep Liberty courtesy of Greenbrier Chrysler-Jeep

Limited edition adventure themed t-shirts will be given to every presenting blood/platelet donor throughout this time period. There will be three different shirts offered at different intervals during the promotion

In order to encourage frequent donations

Blood and platelet donors will have the opportunity to collect all three shirts at the next three Fort Monroe Blood Drives



**EVERY FRIDAY INSIDE THE BAY BREEZE COMMUNITY CENTER
FEATURING GREAT MUSIC, KARAOKE, GREAT FOOD AND FUN!**

DOORS OPEN AT 5:00 PM

FREE AND OPEN TO THE PUBLIC



**L.F. EDWARDS WILL FACILITATE KARAOKE
DOORS OPEN AT 5 PM AND KARAOKE FUN IS FROM 6 - 10 PM!**

**BRING FRIENDS AND FAMILY AND ENJOY THE FUN!
FOR INFORMATION, CALL (757) 788-2406**



WWW.MONROEMWR.COM

Bay Breeze Brunches

11 AM TO 2 PM
ON LISTED SUNDAYS

OPEN TO THE PUBLIC

RESERVATIONS
REQUESTED
(757) 788-2406

\$10.95 PER PERSON

CHILDREN AGES 5-12,
\$5.95

AGES 4 AND UNDER
ARE FREE

EVERY SUNDAY FROM 11 AM - 2 PM,
COME TO THE SUNDAY BRUNCHES
AT THE BAY BREEZE COMMUNITY CENTER

FEATURING ROBERTO,
THE KING OF HAMPTON ROADS ROMANTIC CROONERS
EVERY SUNDAY IN SEPTEMBER AND OCTOBER



CHAMPAGNE BRUNCHES INCLUDE

AN OMELETTE STATION,

WAFFLE STATION AND MUCH MORE!



www.monroemwr.com



**Fort Monroe
Army Community Service**

Waiting Spouse Gathering

The Waiting Spouse Group are for all military family members whose sponsors are on extended TDY, unaccompanied, hardship tour or deployed

**Meets the 2nd Tuesday
Of each Month
7:00 PM – 8:00 PM
First Meeting 13 June 2006
ACS, Bldg 96, 206 Stillwell Rd.
Call ACS 788-3878**

Meeting Provide:

Information geared to the special needs of waiting families
A place to socialize with other families
Planned activities



Fort Monroe MWR Special Events Presents

Fall Faíre at the Fort



Friday, October 6, 2006 - OKTOBERFEST

5 - 9 pm under the Fest Tent at Walker Airfield

Live music by "Schnicklefritz Band" from 6 - 9 pm

German Wines and Beer Tastings from 5 - 6 pm

(Sponsored by M. Price and Associated Distributors)

German Food, Door Prizes and more all evening!



Saturday, October 7, 2006 - FALL FAIR

9 am - 3 pm at Walker Airfield with Flea Market, Volksmarch and craft show, music, food and much more!.

Under the Fest Tent - 11 am - 3 pm: Live Entertainment

To reserve a space at the Flea Market, call 788-4305. \$15 fee
For information on the Volksmarch, call 722-5637.

All Events are Free and Open to the Public

For vendor information, call Special Events
at 788-3151.

For general information, call 788-2850.



Produced by MWR Marketing

www.monroemwr.com



Fort Monroe 9th Annual Fall Golf Classic



Friday, October 20, 2006, 9 a.m.
(Registration begins at 8 a.m.)
"The Pines" Golf Course Fort Eustis
Four- Person Team, Captains Choice Format



Entry Fee: \$45 per person, \$30 for Pines Golf Course members

32 Team Max
Awards to top 3 teams, two flights
Everyone must ride
Longest Drive Contest
Closest to the Pin
Mulligans - 2 for \$5, maximum of 2 per person
Goodie Bags & Door Prizes
Free range balls (driving range opens at 6:30 am)
Complimentary beverage cart. Dinner provided after tournament.

Registration Deadline: COB Monday, October 16, 2006

For more information call the Sports Office at 788-2783.



www.monroemwr.com



The United States Army Community and Family Support Center Presents

The United States Army Soldier Show 2006



Reveille:
Answering The Call

An Army Entertainment Production



at&t



**NATIONAL
GUARD**
www.1-800-GO-GUARD.com

No Federal Endorsement Implied

Time & Date: Tuesday, November 7, 2006 - 7:30 pm

Free and Open to the Public

Location: Hampton University Convocation Center

For more info, 788-3151
and tickets

FORT MONROE SPECIAL EVENTS
PRESENTS

“HOLIDAY BLIZZARD BAZAAR”

19 NOVEMBER 2006

10 a.m. - 3 p.m.



BAY BREEZE COMMUNITY CENTER



OPEN TO ALL



Please join MWR Special Events in this Year's spectacular HOLIDAY BLIZZARD BAZAAR. Don't miss this great opportunity to do your Holiday Shopping in “one-stop”, silver jewelry, baskets, wreaths, furniture, holiday decorations and many, many more to choose from.

A chance to view some of the greatest vendors in the Hampton Roads area.

A BLIZZARD OF OPPORTUNITIES!

For vendor information call Maria Jackson 788-3151



Your Housing Newsletter

*Special Edition
September 2006
Inside this Issue*

- 2 Procedures To File A
Claim For Storm Damage
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- 3 Environment Reminders*
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- 5 Storm Preparation*
- 5 Self-Help Store Hours*

*Hours of Operation:
Mon-Fri ⇄ 0830-1630*

*Directorate of Public Works
Housing Division Bldg 28
318 Cornog Lane
Fort Monroe, Virginia 23651*

monroe.housing@us.army.mil



HURRICANE & TROPICAL STORM INFORMATION



To provide all AFH residents vital hurricane and tropical storm information, a Resident Town Hall Meeting was held on 06 September 2006, 06:00 PM at the Post Theater.

The Garrison Commander and staff have discussed:

- Damage Claims
- Clean-Up
- Preparation
- Communication

PROCEDURES TO FILE A CLAIM FOR STORM DAMAGE

You can file a claim for damaged/destroyed personal property items (including vehicles) **ONLY** if these items were **located on post** during the hurricane/tropical storm; however, before filing the claim, you will have to contact your private insurance.

For items damaged/destroyed located in your basement, you will have to **provide an explanation statement** to justify why these items were placed in the basement instead of other living spaces or the attic. Remember that during the assignment to your Quarters, you have signed acknowledging that "Fort Monroe is a Flooded Area. Do not place personal property or valuable in basements." For damaged/destroyed washers, dryers and lawnmowers you do not need a justification.

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PROCEDURES TO FILE A CLAIM FOR STORM DAMAGE

Before filing a claim, you need to make an effort in trying to **mitigate your damages** – ex. a wet rug needs to be washed and dried before assessing the extent of the damage. Remember not to dispose of the damaged/destroyed items – it is up to the JAG officer to decide if replacement or repair is needed. Also remember to take photos of the items – pre hurricane/storm photos are also important in assessing the present damages...

You can file a claim for spoiled food if the power was out for **more than 4 hours**.

For damaged/destroyed items valued **up to \$100.00**, no proof of ownership is needed. For items valued **more than \$100.00**, proof of ownership is necessary, such as sale receipts – and those pre hurricane/storm photos can be very helpful in this case!

The time frame for filing your claim is **2 years**.

The time line to process your claim is about 1 week for the Post Legal Office and 15-25 working days for the Finance Office.

Forms required are DD 1842, Claim For Loss of or Damage to Personal Property

Incident to Service (online link: <http://www.dtic.mil/whs/directives/infomgt/forms/eforms/dd1842.pdf>) and DD Form 1844, List of Property and Claims Analysis Chart (online link: <http://www.dtic.mil/whs/directives/infomgt/forms/eforms/dd1844.pdf>).

For more information on how to file your claim, please call the Post Legal Office at 788-2158.

CLEAN-UP

Storm Damage Refuse Pick-Up

It will take place on:

Friday afternoon, 08 September

Monday morning, 11 September

Please place items at the curb.

Do not mix recyclables items/hazard with garbage.

Please see the Environmental Reminders – Waste & Recycling – on page 3 for more details.

Basement Assessments

All basements that experienced flooding during the storm will be assessed.

Please remove all belongings from the basement to allow DPW to assess and determine if further action is required. If you cannot get all belongings out, move them away from the walls.

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CLEAN-UP

Work Order Prioritization

- 1) Restore power
- 2) Ensure plumbing & water heaters work
- 3) Clean up mold
- 4) Repair HVAC systems
- 5) Other repairs such as walls and floors

Environmental Reminders
- Waste & Recycling -

After a large storm event that causes flooding on Post, many residents have to dispose of a wide range of items from their homes. Below are some guidelines to use when cleaning up after a storm. Environmental laws and regulations should not be disregarded even in the wake of a large storm event.

No Hazardous Waste or Hazardous Materials!

Batteries, chemicals, fluorescent light bulbs, used oil, grease, gasoline, antifreeze, paints, pesticides or solvents may not be placed in Post dumpsters or residential trashcans under any circumstances.

How then can I dispose of these materials?

Take fluorescent light bulbs to the Self-Help store for proper disposal. Alkaline batteries (A, AA, AAA, C, D, etc.) may be disposed of in Post dumpsters or residential dumpsters. Take all other battery types (lithium ion, ni-cad, etc.) to the Recycling Center, Bldg.81, or take them to authorized recycler off Post. As a rule of thumb - if the battery can be recharged, it should be recycled.

DPW will have a receptacle for hazardous materials, including water contaminated gasoline at the Self Help Store. See the store manager and he will help you dispose of these materials.

If you have any questions about the disposal of Hazardous materials, please call 788-5364.

No Recyclables!

Aluminum cans, cardboard, magazines, newspaper, scrap metal, toner cartridges, telephone books, or white paper are not to be disposed of in Post dumpsters or residential trashcans.

What should I do with these then?

These items are recyclable. If they have gotten wet in the storm, allow them to dry off and then properly recycle them. Residents can recycle these items by using their residential recycling totes or the Recycling Center, Bldg 81.

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**No Computers or other electronic goods
like TVs!**

Computers and other electronic goods should not be put into trashcans. These items have a host of pollutants inside them including heavy metals such as lead and copper.

What should I do with these then?

Place electronic items to the side and we will pick them up separately.

For more information or instruction, please contact the Environmental Division at 788- 2444



BE ALWAYS PREPARED!

***THE HOUSING STAFF
WE ARE HERE FOR YOU!***

CHIEF OF HOUSING

☎: 788-6105

HOUSING INSPECTOR

☎: 788-4338

***HOUSING REFERRAL/
MANAGEMENT ASSISTANT***

☎: 788-2129

***HOUSING ASSIGNMENT/
MANAGEMENT ASSISTANT***

☎: 788-2127

***HOUSING MANAGEMENT
SPECIALIST***

☎: 788-4150

FAX NO. 788-2104

***EMAIL:
monroe.housing@us.army.mil***



STORM PREPARATION

Before Hurricane Procedures

Prepare individual family hurricane plan.

Take measures to protect quarters and personal property.

Prepare for potential electric power disruption.

Maintain emergency supply of food, water, hygiene items, and medicine.

Identify public shelters (CAC and Ft Lee).

If present and physically capable, assist in sandbagging of quarters.

Make arrangements for care of pets.

On-order, implement individual and family evacuation plan.

During Hurricane Procedures

Shelter in place (remain in quarters).

Relocate to designated shelters.

After Hurricane Procedures

If evacuated, return to Ft Monroe only when instructed to do so.

Maintain contact with Ft Monroe authorities.

Assess damage to quarters and personal property.

Check the Fort Monroe Website for updates.

Storm Threat Information Dissemination

Following are the different means where you can find out the latest Post issued updates:

Fort Monroe Command Channel (Ch 47)

Cox Cable Override

Public Announcements on Local TV/Radio

“Communicator” – is an automated phone messaging system. To ensure you will receive important Post issued messages, especially in case of an emergency, contact the Housing Office to update your contact information.

Self-Help Store Hours of Operations

Effective 1 July 2006

Sunday	Closed	Under the new contract the Self-Help personnel will not be allowed to carry or load loaned equipment into your privately owned vehicle. If you have any questions or need clarification on which items are considered self-help, please give us a call at the DPW Family Housing (788-4338) or the Self-Help Store at 788-2563
Monday	Closed	
Tuesday	0830 - 1300	
Wednesday	0830 - 1700	
Thursday	0830 - 1700	
Friday	0830 - 1700	
Saturday	0830 - 1200	

NOTES:

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IMPORTANT PHONE NOS.:

[illegible]

Your Housing Newsletter

September 2006

Volume 1, Issue 8

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Month Winners
- 5 Requesting Repairs For
Government Quarters

Hours of Operation:

Mon-Fri ⇄ 0830-1630

Directorate of Public Works

Housing Division Bldg 28

318 Cornog Lane

Fort Monroe, Virginia 23651

monroe.housing@us.army.mil



RECIPE FOR SAFER COOKING!

The following tips can protect you and your family when in the kitchen, whether stirring up a quick dinner or creating a masterpiece four-course meal – here is a daily recipe for safer cooking!!

To Prevent A Cooking Fire In Your Kitchen

Keep an eye on your cooking and stay in the kitchen. Unattended cooking is the #1 cause of cooking fires.

Wear short or close-fitting sleeves. Loose clothing can catch fire.

Watch children closely. When old enough, teach children to cook safely.

Clean cooking surfaces to prevent food and grease build-up.

Keep curtains, towels and pot holders away from hot surfaces, and store solvents and flammable cleaners away from heat sources. Never keep gasoline in the house!

Turn pan handles inward to prevent food spills.

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RELOCATION SERVICES

Soldier and Family Support Center - 96 Stillwell Road, Bldg 206

Open: Monday-Friday Hours: 8 a.m. to 4:30 p.m.

The ACS Relocation Assistance Program (RAP) provides customized in and out assistance to all military and civilians. Services include, but are not limited to:

Pre-departure services to prepare soldiers and family members for their Permanent Change of Station (PCS) move. A pre-departure packet includes a guide to military moving, PCS tips and a Needs Assessment.

Welcome packets with local area and installation information, maps and installation publications.

Monthly Newcomers Briefing: Offered the second Thursday of every month. A short overview of the services available here on post and in the surrounding community are discussed.

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To Put Out A Cooking Fire In Your Kitchen

Slide a pan lid over flames to smother a grease or oil fire, then turn off the heat and leave the lid in place until the pan cools. Never carry the pan outside.



Extinguish other food fires with baking sod. Never use water or flour on cooking fires.

Keep the oven door shut and turn off the heat to smother an oven or broiler fire.

Keep a fire extinguisher in the kitchen. Make sure you have the right type and know how to operate it.

Keep a working smoke detector in your home and test it monthly.

Bon Appetite!!

RELOCATION SERVICES – Cont. from page 1

Briefings are also given by the Post Commander, Post CSM, School Liaison Officer, Post Chaplain, and EEO representative. To register call 788-4344 or 788-3878.

A **computerized database** via CD-ROM and the Internet, the Standard Installation Topic Exchange Service SITES, contains information on installations worldwide.

The **Lending Closet** is fully stocked with basic household goods such as dishes, pots, pans, silverware, bakeware, linens, futons, portable cribs, high chairs, strollers, toasters, coffee makers and irons.

Resource material for answers to your relocation dilemmas.

For any questions, please contact the Relocation Program Manager at 788-4344 or DSN 680-4344.

Common Areas Responsibilities

The maintenance of walks, patios, steps, platforms and cleaning of common areas inside your Quarter's building is a shared responsibility of all the residents of that specific building. Especially the stairwells and basement areas of some of the Quarters are poorly cared for - walls need to be cleaned and steps and floors swept. Please dispose of unwanted items and trash, and store properly toys/bicycles when they are not in use.

Help Us Maintain The Beauty And Pride
Of This Fine Installation!



On recycle/garbage pick-up day,
please remember to place the containers outside of your fenced yard.
If the containers remain inside the fenced yard,
your recycle items and garbage cannot be removed.



About one-half million children accidentally poison themselves each year. Approximately 90% of these poison victims will be less than 5 years old. Young children are apt to put anything in their mouths. Prescription drugs, cleaning agents, polishing products, pesticides, petroleum and paint products have all been involved in accidental poisonings. This happens because of adult carelessness in storing and handling in their homes.

Prevention. Poison prevention is a full-time responsibility. The National Safety Council urges parents to remember the acronym **POISON** and these six simple rules to safeguard your child.

Put away all hazardous substances and medicines. Lock up household chemicals. Store internal medicine separately from other household products. If you can't lock the chemicals up, put them in upper where small children cannot reach.

Original containers are the only proper containers for chemicals. Even adults have been fooled into taking a swig from a pesticide-filled pop bottle left on a kitchen counter. Keep all products properly labeled and read labels.

Imitating adult behavior is how children learn, so teach them the right way. Let them know medicine is serious business. Avoid taking medicine in front of children. Never refer to medicine as "candy".

Syrup of ipecac should be kept at home for poison emergencies. This syrup is used to induce vomiting in certain poisoning cases. But call a poison control center or doctor before administering syrup of ipecac because vomiting is not recommended in some poisoning cases.

Opening medicine containers with safety caps is too difficult for most children. It is essential that adults reseal all packages after each use.

Numbers - Telephone numbers should be at hand in case of a poisoning mishap. Hospitals emergency room and family doctor's phone numbers should be posted by the phone. Have the poison container in hand when you call and take container with you if you go to the emergency room or doctor's office.



"Rodent-Proofing" Your Home Things The Occupant Can Do

The cold weather brings relief from mosquitoes "but" visits from rodents. When considering rodent-proofing, every possible route of rodent access to your home must be considered.

Generally, all openings greater than 1/4-inch should be sealed to exclude mice. For rats, all openings greater than 1/2-inch should be sealed.



Points where any of the various utility lines penetrate a wall are likely access sites for rodents. The opening around service conduits such as water, electricity, air conditioning, drain pipes and vents should all be sealed.

For roof rats, roofs should be visually checked to see that shingles are down tight and sheathing is complete. Also check roof ventilator, screen vents and louvered in-wall vents. This will also prevent other animals from entering your home.



Fort Monroe Transportation Movement Branch

By the Fort Monroe, Traffic Manager



The Transportation Movement office is located in BLDG 82, Craven Clinic, 3rd floor room 348

Hours of Operations are 0800-16:30 Monday – Friday

Contact Numbers

Household Goods Movements: Outbound and NTS Release 757 788 2704

Passenger Travel:

- International Tickets: 757-788-2141
- Domestic Tickets 757-727-0427



Inbound personnel being assigned to Fort Monroe: contact Langley AFB Inbound Section to arrange delivery of your property at 757-767-2045 or 2046

Inbound personnel being assigned to Joint Forces Command Norfolk VA or Suffolk VA: contact Norfolk Naval Transportation office to arrange for delivery of your property at 757-443-3700

Peak Season or Summer Moves

Once you receive your PCS orders, contact the Transportation office to arrange for the movement of your household goods. Always during the summer months, carriers and agents are saturated due to an abundance of outbound and inbound movements. Most military moves happen during the summer, which creates a shortage of drivers, packers, helpers, trucks and warehouse space. During the peak season the booking office requires 30 to 45 days from the counseling date to set up a shipment. If you are expecting to move during the summer, we suggest you have alternative pack and pick up dates (5 to 7 days from the dates you are requesting). Peak season is from May through September. Often non-peak season shipments can be scheduled 10 to 15 days after counseling.

Things To Remember

A successful move is not a matter of chance. It is the result of planning and hard work. At the center of these efforts is you, the shipper. If you expect a good move, you must play an active role.

- A. Planning is important for a successful move. The better **YOU** plan, the sooner **YOU** arrange **YOUR** appointment, the sooner we can arrange for movement of your property.
- B. Excess weight can cost big money. Dispose of unnecessary possessions.
- C. Check all local and State Laws regarding your firearms.
- D. Your counselor will assist you in having a smooth transition.
- E. A good move depends upon how well prepared you are.
- F. Call your transportation office at once if a problem should arise during your move.
- G. Inspect your property before and after the move. Check inventory, GBL, and other documents for discrepancies prior to signing.



CLEANING TIPS OF THE MONTH

Cleaning Tips for Bathrooms (cont. from August 2006 Issue)

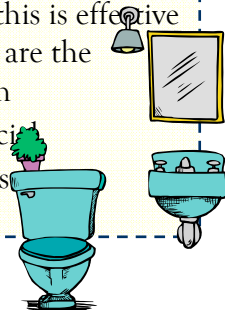


Sinks: Porcelain sinks are kept clean by commercial solutions for this purpose. Since the sinks are glazed, it does not need major cleaning. Effective cleaning can be done by blocking the drain and putting 1/2 cup of vinegar and fill up with water. Let it stand for about 1 hour and remove drains stop after 1 hour. You will have a sparkling sink that has been deodorized too!

Water Faucets: Water taps are deposited with hard water deposits and it shows around the tap opening. Cleaning is possible with a vinegar solution or rust removal preparations.

Bathroom Tile: Bathroom tiles are usually glazed tiles and can have an accumulated build up of body oil and soap scum. Regular cleaning is the best solution. A better cleaning can be done if the bathroom is heated with steam (with bathroom door closed and the exhaust fan off). After 10 minutes, you will observe that soap scum is easier to remove. Soap scum will be removed if you allow regular laundry detergent for 2 to 3 hours and then clean with a brush. If this fails, you can try tri-sodium phosphate, or other commercial cleaning product.

Cleaning The Toilet: The commode can be kept clean by regular flushing and using commercial cleaners. Usually this is effective in most cases. The water rings are the results of hard water and it can easily be removed by commercial cleaners or by using a pumice stone.



5

Congratulations To The Winners Of Our August 2006 Yard Of The Month Competition!

Ingalls I ~ *Qtrs 129/B*

Reeder Circle ~ *Qtrs 193/B*

Junior Enlisted ~ *Qtrs 112/B*

Ingalls II ~ *31/A*

Moat Officer ~ *18/A*

Moat Walk ~ *140/A*

Monroe Apartments ~ *356C Gulick Drive*

CUSTOMER SERVICE BRANCH

Requesting Repairs For Government Quarters

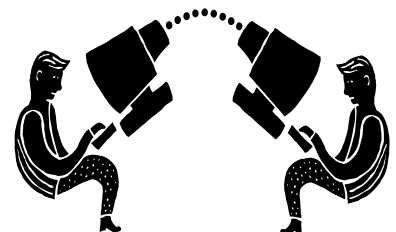
To call in repairs which are beyond the scope of self-help, please call 788-4228 during normal working hours. The service order desk is located on the first floor on Bldg 28 (Directorate of Public Works).

For **Emergency Repairs** after working hours, all calls should be directed to the **Fort Monroe Fire Department at 788-2081**. The Fire Department maintains a roster of personnel to be contacted for emergency repairs. Please provide both your Quarters number and street address.

In case of FIRE, VACATE YOUR QUARTERS.

Then, from a neighbor's house, call the Fire Department at 788-2287 or 788-2288

You can also place your service order requests on-line at <http://ntadviser2.monroe.army.mil/dpwwork/ifsserviceorder.asp>



**THE HOUSING STAFF
WE ARE HERE
FOR YOU!**

CHIEF OF HOUSING

☎: 788-6105

HOUSING INSPECTOR

☎: 788-4338

**HOUSING REFERRAL/
MANAGEMENT
ASSISTANT**

☎: 788-2129

**HOUSING ASSIGNMENT/
MANAGEMENT
ASSISTANT**

☎: 788-2127

**HOUSING MANAGEMENT
SPECIALIST**

☎: 788-4150

Office Fax No. : 788-2104



- Feedback -

Thank you for taking the time to read this Newsletter. It has been created for you! Please let us know what you think about our efforts to bring you information - give us your ideas - we want to ensure this Newsletter ("your" Newsletter) is tailored to suit your needs. Please provide comments and/or suggestions to our office by phone at 788-4150 or via email at monroe.housing@us.armv.mil.

**Self-Help Store
Hours of Operations**

Effective 1 July 2006

Sunday	Closed	Under the new contract the Self-Help personnel will not be allowed to carry or load loaned equipment into your privately owned vehicle. If you have any questions or need clarification on which items are considered self-help, please give us a call at the DPW Family Housing 788-4338 or the Self-Help Store 788-2563
Monday	Closed	
Tuesday	0830 - 1300	
Wednesday	0830 - 1700	
Thursday	0830 - 1700	
Friday	0830 - 1700	
Saturday	0830 - 1200	



Telephone Line Maintenance

Telephone lines for the Quarters here at Fort Monroe are somewhat more complicated than off-post.

The commercial carriers (Verizon, Cox, etc.) are responsible for the telephone lines from downtown to the Fort Monroe telephone central office. Fort Monroe Directorate of Information Management (DOIM) is responsible for the lines from the Fort Monroe telephone central office to the Quarters.

Lines inside the Quarters are maintained, moved, and installed by the Fort Monroe DOIM. In case of an outage (dead telephone lines) in the Quarters, the residents should call the Fort Monroe DOIM telephone repair number 788-2131. The DOIM can ascertain if the trouble is with your commercial carrier or on-post.

If the trouble is on-post, the DOIM will repair it. If the trouble is off-post, the DOIM will ask the residents to report the trouble to their commercial carrier.



Fort Monroe Spouses and Civilians Club

Building Friendships One Member at a Time

August 2006

Hello ya'll!

I am very excited about the upcoming year for the Fort Monroe Spouses' and Civilians' Club! I hope that we can offer all of our old friends, as well as our new friends, the opportunity to join us for a year full of fun activities. A big thank you to our Board of Directors! They have been very busy this summer preparing for a year that is packed full of surprises and meaningful activities.

As you see, with a new year comes a new name. We hope that the new name will be more easily recognizable for those people who are searching for a group with a purpose!

We will begin this year at the home of the TRADOC Commanding General, General William S. Wallace. Sharon has graciously opened her home for us to host our September Sign-Up on the 12th of September from 10:30 – 1:00 p.m. During this time you will get the chance to discover, renew and reconnect with friends! The sign up will afford you the opportunity to join the FMSCC as a member, join us in activities that will be available throughout the year, and open up your horizons to what Fort Monroe and the beautiful Fortress has to offer.

For those of you who are new to us at Fort Monroe, a big giant welcome! The welcome mat is out and ready for you to step onto and realize that you have just been assigned to the best kept secret in the Army!!! For our wonderful civilian counterparts and our ever faithful retirees, welcome back to you! Please bring your friends and come prepared to have FUN!!!!

FMSCC President

Hi! I'm your 2nd Vice President. I am responsible for creating the menus for all of our functions this year so, if you don't like the food you can blame me! (Ha-ha)
I am also in charge of the major fund raisers we will be conducting. Our first fund raiser will be

a jewelry show in November (more information to follow). Marie Hinton is my co-chair on this project. But, we still need volunteers to help out during this function!

Our second fundraiser, in February, is the Chili Cook-off and Auction which is a BIG project! I will need about 10 people for this committee. Our first meeting to discuss this will be the 26th of October at 11:30 (place TBD). However, I need people immediately who would like to start soliciting the local area for donations for the auction.

Another fundraiser for the club is the sale of White House ornaments. Joy Henderson has graciously accepted the task of selling these along with her other wares at the Ways and Means table that she sets up at all of our luncheons and during Music Under the Stars (MUTS).

Another project of mine is the "Lunch Bunch". We will get together on 31 August after the Board meeting- this is NOT just for board members- it is for anyone who likes to go out for lunch! I need some ideas of where you would like to go and a head count so I can reserve a table for where we are going. So, give me a call, 877-5721, or e-mail me, DScully4@cox.net, if you would like to attend. I will send out more details on 26 AUG. In the future, I will probably have all Lunch Bunch functions on the first Thursday of the month after Board meetings around 11:30 am. I plan on trying to go to places that will allow me to reserve a table so, please pass on any suggestions. Following are a few places I am planning for our lunches: Carrot Tree- Yorktown, Tokyo- Hampton, Tapas- Newport News. Tapas is usually not open for lunch but will accommodate us if we have at least 20 people attending.

I think it will be a fun year and I am looking forward to seeing all of you at the sign up in September!

Hi, I am the First Vice President. My job is to set the calendar for the year's events. We have a wonderful and talented Board and we are very excited about the upcoming year. Please notice we have added more evening events for those who can not attend the daytime functions. We would also like to do at least one major **service project** – more on that later after we have checked with all the appropriate agencies. This is your club and we want you to enjoy being a part of this wonderful organization so we look forward to your input and ideas. The calendar of events for this year is as follows:

September	Membership Sign-up	12 September 2006
October	Calling Cards to Careers- Basic Black Dress/ Retiree appreciation	12 October 2006
*November	*Laundry Room Ball * Jewelry Show (11-7 pm)	17 November 2006 3 November 2006
December	Christmas around the World	14 December 2006
January	Let's make a Deal Joint Services Luncheon	11 January 2007 18 January 2007
*February	Chocolate Lovers Bunko * Chili Cook- off	8 February 2007 23 February 2007
*March	*Wine and Cheese Night	9 March 2007
April	How Does Your Garden Grow?	19 April 2007
May	Year End Review and Installation of New Board	10 May 2007

* denotes evening function

We hope to see you often!

1st Vice President

Hi, I'm the club historian. We plan to take some exciting "field trips" to a few of the many interesting historical sites in our area. I hope that you will all consider joining us on what promises to be some fun and interesting outings and to explore the amazing history of our beautiful Fort Monroe as well!

Club Historian

Hi, I'm Well-being and Welfare Chairman and that means I (we) get to spend all the money the FMSCC makes through our fundraising. I would really like members to assist me in this endeavor; we all work hard to make the money, why not have a say about where it goes? The Welfare fund is used for

supporting the organizations in the Fort Monroe community that you and I use every day. If you would like to be on the committee, just call me at 723-0566 or email me at nhseger@aol.com.

The welfare committee only meets about three times...once in October to review the SOP and then twice in March to dole out the \$\$\$.

Thanks for your help!!

Hi, I'm responsible for reservations and I will be glad to take your reservations for the club's events. I look forward to meeting you all.

FMSCC Reservations

Hello past, present and future Ft. Monroe Spouses' and Civilians' Club Members. I am so honored to be able to be a part of this amazing group of people by serving as your Treasurer. I know we will have a year full of good times, great success and lasting friendships. I am looking forward to making many deposits in honor of our different welfare and service projects. Along with many of you, I am committed to the betterment of Fort Monroe and its surrounding areas. Here's to a great year!!

FMSCC Treasurer

Hi! I'm the Publicity Chair. My job is to keep you informed about what is going on in the club so you can have the most fun possible!

I also put the newsletter together so, if there is information you would like to get out to the entire membership please let me know. The deadline for submission will be the 20th of every month. The newsletter will give details about the upcoming month's event(s). Those of you with e-mail addresses will receive your newsletter electronically.

Refrigerator magnets with the year's schedule of events will be available to all members at the September Sign-up. Pick one up!

Public Relations

Around Town

Are you looking for good seafood? Well, check out the Surf Rider restaurant (1 Marina Way) in Hampton. Most seafood meals are priced between \$15-\$20 and worth every penny! It is a little crazy getting there- a Mapquest search is a must. Just remember you will feel like you are lost for sure and then there the restaurant will be!

Looking to replace that Polish pottery dish that the movers broke? The PX at Langley Air Force Base and at Ft. Eustice has been stocking a lot of pieces lately. I also like to visit a store in Newport News, Signature Style Polish Pottery, off of Jefferson Ave., about ½ mile north of J. Clyde Morris on Loftis Blvd. Check it out!

I am looking for information about antiquing as well as the town of Smithfield. I haven't ventured that way yet and would like to have some ideas of where to go.

Please share your fun places with us! To get your ideas in the Around Town section please send them to: lori.marra.king@us.army.mil or give me a call at 224-5538.

Help spread the word! The White House Christmas ornaments are here! This year's ornament commemorates President Chester A. Arthur's Tiffany White House. You can purchase them at the Casemate Museum gift shop, at the FMSCC table at Music Under the Stars, or at the sign-up on September 12. If you would like to help sell them at your coffee groups, call me at 660-7923. I can arrange to have you sign for some extra ornaments. Christmas is just around the corner and they make great gifts.

The board just voted to drop the price of the cookbooks to \$10!! The recipes are time tested and, I am told that all the food at the sign-up will be straight from the cookbook.

Our volunteers have been the greatest. They have braved the heat and thunderstorms to sell at Music Under the Stars so that the club can do great things this year. Thank you, ladies! I could not have done it without you. Volunteers are what keep us strong.

Ways and Means

Remember, too, that Joy has many other great things for sale so make sure you visit her table at every luncheon!

Hi, I'm your Hospitality Chair. My responsibility is to make sure you feel welcome at all of our events! September Sign up is a big event so I could use a few more volunteers to pour punch and help out with a few other tasks. If you would like to volunteer for about 20 minutes during the event please call me at: 509 475-6500.

Hospitality Chairman



Bits and Pieces

Our Membership Chair, would like to let you know that we have old club pins that we are giving away for *FREE*! She is working on designing a new one for our newly named club that should be available at the September Sign up.

Remember, this is your club! Gail needs help with all of our events and she welcomes all your ideas, suggestions and hard work. So, please, if you want to be involved on a specific event, like the Basic Black Dress or putting together basket for the auction at the Chili Cook off, let Gail or Donna or any of the board members know!

Jewelry Event

Just a reminder of another fundraiser that Marie Hinton has taken on. James Quality Jewelers will be at the Bay Breeze Community Club on Friday, November 3rd, 11:00 am- 7 pm. He is traveling all the way from Bangkok, Thailand, to sell his guaranteed jewelry. Please join us for this event!

Welcome to the 2006 – 2007
Fort Monroe Spouses and Civilians Club



MEMBERSHIP APPLICATION

NAME: _____

NAME FOR NAMETAG: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

TELEPHONE: _____ CELL PHONE _____ E-MAIL: _____

BIRTHDATE (mm/dd): _____ Sponsor/Spouse Name: _____

UNIT _____ ☐ Active Duty ☐ Civilian ☐ Retired ☐ Widowed ☐ Liaison

How would you prefer to receive FMSCC information? ☐ Email ☐ Postal

How would you like to assist with FMSCC this year? _____

What year did you first become a member? _____

New member? How did you hear about us? _____

May we print your information in the Membership Directory? ☐ Yes ☐ No

If you checked YES, please sign here _____. Your signature authorizes the FMSCC to publish your information in the FMSCC Membership Directory and in the *password protected* website directory. We DO NOT share your information with outside parties.

- The membership year extends from August 2006 until May 2007.
- Dues are \$20.00. Please make checks payable to: Fort Monroe CCC.
- Please send Application and Dues to: Fort Monroe Spouses and Civilians Club, PO Box 51114, Fort Monroe, VA 23651 or bring to any Fort Monroe Spouses and Civilians Club function.
- We must receive your application by 9 November 2006 in order to be included in the Membership Directory.

Luncheon Reservations:

Please RSVP to Lisa Luttrell: lluttre4@aol.com or 325-6007 each month for the luncheon. NOTE: If you RSVP for a function and you are unable to attend, you must call to cancel the Sunday prior to the function, *otherwise you will be charged the cost of your meal.*

Office Reference Only

Credit Card # _____ Check # _____ Cash _____ Date _____ Initials _____

*Hispanic Americans:
Our rich culture contributing to America's Future*



Hispanic Heritage Month

Guest Speaker: Mr. Luis Rivera
Latin Ballet Performers & Dance Instruction
Special Entertainment: Roberto Henriquez
Sample Hispanic Delicacies: Teresitas Grill of Virginia Beach

4 October 2006 at 11:30
Fort Monroe Bay Breeze Community Center
POC: steven.friederich@usaac.army.mil

McDonald Army Health Center & Satellite Clinic Enrollment Availability

- Family Health Center, Fort Eustis
 - Open to ADSMs & ADFMs
- Pediatrics Clinic, Fort Eustis
 - Open to ADFMs
- Internal Medicine Clinic, Fort Eustis
 - By Invitation Only
- Craven Army Health Clinic, Fort Monroe
 - Open to ADSMs & ADFMs
- Fort Story Health Clinic, Fort Story
 - Open to ADSMs with duty at Fort Story

Effective 1 Apr 06, If enrolled to one of the above clinics (except Fort Story) at time of retirement then allowed to re-enroll as a retiree/retiree family member.



TRICARE & College Students

- Visit ID card section to make sure student is properly registered in DEERS
- Children eligible for benefits until age 21
- Beyond age 21, student must be enrolled full-time at accredited school, **and** sponsor must provide more than 50% of student's financial support
- Call or visit ID card section for information on necessary documentation



TRICARE & College Students

- TRICARE benefits end when college student reaches age 23 or when full-time student status ends, whichever comes first
- TRICARE Service Centers (TSC) reps can discuss best healthcare options based on where student will be located
- Local region (North Region) number, 1-877-874-2273
- For TRICARE info on all topics visit <http://www.tricare.osd.mil>

Thrift Shop Welfare Distribution 2006

Scholarship Recipients:

Justin Lynch \$2,700.00

Natalia Cepeda-Laporte \$1,000.00

Military Spouse's Day \$ 400.00

National Volunteer Week \$ 300.00

TOP \$ 100.00

H.E.L.P. \$ 300.00

Phoebus Rescue \$ 300.00

Kid's Day \$ 600.00

Casemate Museum \$ 800.00

USO of Hampton Roads \$ 400.00

Girl Scout Troop #1030 \$ 300.00

Total Donations \$7,200.00

THRIFT SHOP FORT MONROE

SALES AND DONATIONS

JULY 2005 - JUNE 2006

	1997-98	1998-99	1999-2000	2000-2001	2001-2002
Total Consignor sales	\$72,337.90	\$64,488.00	\$58,709.75	\$61,227.50	\$49,858.75
Total paid to Consignor (80%) ('03 75%)	57,870.32	51,590.40	46,967.80	48,982.00	39,887.00
Commission on Consignor sales (20%) ('03 25%)	14,461.58	12,897.60	11,741.95	12,245.50	9,971.75
Thrift Shop property (TSP.) Sales	17,013.21	17,063.54	19,692.42	18,325.47	16,430.61
Scholarships Committed	5,200.00	8,100.00	10,000.00	6,000.00	9,000.00
Welfare Donations	4,990.00	7,000.00	7,010.00	7,100.00	4,900.00
	2002-2003	2003-2004	2004-2005	2005-2006	
Total Consignor sales	\$ 50,323.75	\$37,798.95	\$25,401.50	\$46,867.20	
Total paid to Consignor (75%)	37,761.96	29,855.82	19,062.93	35,198.18	
Commission on Consignor (25%)	12,561.79	9,956.71	6,341.57	11,670.22	
Thrift Shop property (TSP.) Sales	16,193.48	13,826.77	7,831.80	18,012.54	
Scholarships Committed	3,000.00	5,050.00	-0-	3,700.00	
Welfare Donations	5,100.00	2,700.00	800.00	3,500.00	

Scholarships for '98, reflects two scholarships awarded but returned unused

Organizations that we have supported throughout the last few years.

American Red Cross, Army Community Service, Volunteer Luncheon, Kid's Day, Family Advocacy, Transitioning Options Program, Mill Creek Sports Center, BOSS Program, Boy Scout Troop 31, Ft. Monroe, Casemate Museum, Cub Scout Troop 31 Ft. Monroe, Fort Monroe Enlisted Association, MWR, H.E.L.P., Phoebus Volunteer Rescue Squad, and USO Hampton.

Submitted by: Thrift Shop Bookkeeper

The Thrift Shop will close 2:00pm, 28 July 2006 and reopen 10:00am 12 Sept 2006



Virginia Troops to Teachers/Spouses to Teachers
113 Education Building
757-683-3327

<http://www.odu.edu/troopstoteachers>



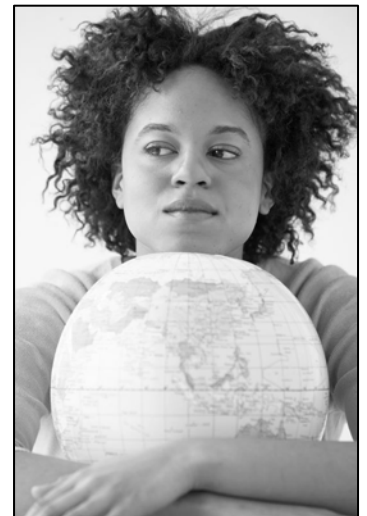
Troops to Teachers (TTT) was established in 1994 as a Department of Defense program. It is funded by the U.S. Department of Education and is managed by the Defense Activity for Non-Traditional Education Support (DANTES) in Pensacola, Fl. Old Dominion University is the headquarters for Virginia TTT with all Commonwealth of Virginia institutions of higher learning participating in the program. The primary objective of TTT is to help recruit quality teachers for schools that serve low-income families throughout the United States. TTT helps relieve the teacher shortages, especially in math, science, special education

and other high-need subject areas, and assists military personnel in making a successful transition to a second career in teaching.

TTT provides a \$5,000.00 stipend to assist military personnel who are (1) retired, (2) within one year of retiring with an approved retirement date, or (3) honorably discharged with 6 or more years of service and willing to obligate in the active reserves on a three-year contract. The stipend may be used to pay for any approved teacher licensure program in any state above the required Bachelor's Degree at any accredited college. The stipend may not be used for training principals, guidance counselors or ROTC instructors. The stipend may not be used to teach at private schools and colleges. TTT participants are obligated to teach for three years in a high-need school district. Eligible districts must have 20% or more of the students below poverty level.

Participants hired to teach in a setting where 50% or more of the students are on free or reduced lunches or their Individual Disability Education Act (IDEA) percentage is 12.8 % or more are eligible for a \$10,000.00 bonus. Acceptance of any monies obligates the Troops to Teachers participant to teach for three years in a poverty-level school. Currently, 23% of Virginia school districts meet these criteria.

Spouses to Teachers (STT) is a pilot project in selected states (CA, CO, FL, GA, KS, LA, NE, NV, NM, NC, SC, TX, UT, VA) designed to assist spouses of active duty military in their pursuit of K-12 teaching positions in both public and private schools in the U.S. STT provides information, counseling and guidance to eligible spouses regarding teacher certification requirements, routes to certification, employment potential, financial assistance, and assistance with employment searches. Eligible participants are spouses of (1) active duty personnel, (2) spouses of members of the Selected Reserve, National Guard, or (3) spouses of members of the Individual Ready Reserve recalled to active duty. Limited funding will be provided to eligible spouses to reimburse the cost of tests required for state teacher licensure/certification. Maximum available funds for this reimbursement are \$600.00 per person.



PROJECT CLEAN SWEEP

Date: Tuesday, 19 September 2006

Time: 1130 - 1300

Start Point: Ft. Monroe Fitness Center

SHOW YOUR PRIDE!
Help pick-up around the Post



FREE!!

**BLOOD PRESSURE AND CHOLESTEROL CHECKS
BEVERAGES**

DRAWING FOR MWR/FITNESS CENTER GIFT CERTIFICATES